



St Benedict's Catholic School

The Catholic Secondary School for West Suffolk

PSHE & Citizenship Curriculum Guide

Year 8

Autumn Taught Content

- Your wellbeing = Reviewing what has a positive and negative effect on yours and others' mental health.
- Public V, Private = Assessing what information should be kept private or made public.
- Take action = Knowing the importance of participating and making a positive difference.
- The truth about smoking = Knowing the dangers associated with smoking.
- Defining success = Learning about the different forms that success can come in.
- Personal success = Reflecting on your life aims and how you are going to achieve them.
- The traits of success = Assess which qualities can help lead to success.
- End bullying = Reflect on your role in stopping bullying.

Spring Taught Content

- The Government and us = Knowing how elections work.
- Running the country = Knowing the responsibilities of the House of Commons, the House of Lords and Select Committees.
- Healthy relationships = Learning how you can try have successful relationships.
- The Law = Learning how the Law works in the UK.
- Consequences of crime = Knowing how the UK Court system works

Summer Taught Content

- Your place in the world = Assessing good and bad places which make you feel important.
- The British Values Game = Knowing how to live out the British Values.
- Make a difference = Considering how you can make a positive difference.
- The Budget Game = Practicing making wise money choices.

Assessment

At the end of each lesson students will complete a self-assessment activity to show how much they have learnt.

Homework Expectations

No formal homework tasks will be set but students are always encouraged to continue their learning beyond each lesson e.g. by sharing what they have learnt with others and looking out for when related issues are in the news.

Reading List

Books:

Good enough, Jen Petro-Roy

Refugee boy, Benjamin Zephaniah

'Issues' titles – Subscription available from the LRC

Websites:

National news: www.bbc.co.uk

Local news: www.eadt.co.uk

Children's news: <https://www.bbc.co.uk/newsround>

Extra and Super Curricular Opportunities

Students are encouraged to take part in the extra-curricular activities which are offered across the school. Students are made aware of specific PSHE & Citizenship opportunities as they arise e.g. to enter related competitions or take part in mock elections.