



St Benedict's Catholic School

The Catholic Secondary School for West Suffolk

PSHE & Citizenship Curriculum Guide

Year 9

Autumn Taught Content

- Essential skills = Practicing developing your creativity skills.
- Looking like the real you = Embracing what you look like.
- My troubled mind = Distinguishing between positive and negative coping strategies.
- Problem solving = Practicing your problem solving skills.
- Bringing about change = Knowing the stages a Bill goes through Parliament before becoming a law.
- Be safe and kind = Knowing how to stay safe online.
- Money management = Analysing a set of accounts.
- Financial dilemmas = Practicing problem solving with money scenarios.

Spring Taught Content

- Knife crime = Knowing what the Law says about knife crime.
- The big questions = Reflecting on the world beyond ourselves.
- Which job? = Researching possible career options.
- Taking responsibility = Knowing some of the key responsibilities you will have in the future and how to cope with them well.
- Conflict management = Learning about how to prevent and deal with conflict.

Summer Taught Content

- Ethical spending = Knowing how you can make ethical spending choices.
- Knowing you = Being more self-aware and learning more about you.
- Achieving your goals = Reflecting on how you can achieve your future goals.
- Using your gifts = Knowing the importance of resilience in helping you to achieve.

Assessment

At the end of each lesson students will complete a self-assessment activity to show how much they have learnt.

Homework Expectations

No formal homework tasks will be set but students are always encouraged to continue their learning beyond each lesson e.g. by sharing what they have learnt with others and looking out for when related issues are in the news.

Reading List

Books:

The curious incident of the dog in the night time, Mark Haddon
'Issues' titles – Subscription available from the LRC

Websites:

National news: www.bbc.co.uk

Local news: www.eadt.co.uk

Children's news: <https://www.bbc.co.uk/newsround>

Extra and Super Curricular Opportunities

Students are encouraged to take part in the extra-curricular activities which are offered across the school. Students are made aware of specific PSHE & Citizenship opportunities as they arise e.g. to enter related competitions or take part in mock elections.