



Another busy week in school has come and gone. I would like to say a huge thank you to the students, staff and families who supported with the Open Morning last week. We were very, very busy and it was wonderful to see so many people finding out about the school and our wonderful community. I would particularly like to thank the two students who spoke with me in the presentation; it is a daunting experience and I was so grateful to George and Claire for their fantastic speeches. Thank you to all those who have sent kind words about the marathon, I am very nervous but hopefully if I am in school in flat shoes next week that will be the reason! Have a wonderful weekend.

Mrs Senior

Inter House Cross Country Championships

The new house system got off to a flying start with an Inter House Cross Country Championship on Thursday 22nd October.

The first to race were the Year 7 boys and girls. Unfortunately, a few Year 7 boys ended up running slightly longer than the 2,400m they should have, but the positions were cleared up in an additional race a week later. Noah Wilkinson (Monte Cassino) was a clear winner in both races and second and third positions (in the extra race) were filled by strong runs from Oliver Lamas Nakagawa (Nursia) and Aiden Cameron (Monte Cassino). The sixteen Year 7 boys who were invited to race again showed excellent resilience. Monte Cassino won a tightly contested team race with 52 points, followed by Subiaco in second with 57 and Nursia in third with 64.

In the Year 7 girls race, Lucy Murphy 7P (Monte Cassino) was in the lead but also ended up running further than she should have done. In the end it was her team-mates Alanna Evans, Amelia Smith and Eliza Rowley who ended up filling the first three places. Miss Dalby was delighted that the first six runners were from 7P and is currently in negotiations with UK Athletics about a potential team manager role! This left Monte Cassino clear winners in the team competition with 26 points, followed by Subiaco in second with 108 and Nursia in third with 120.

Next to race were the Year 8 and 9 boys and girls who completed a 3,200m course. Suffolk County athlete Charlie Oxborrow (Subiaco) dominated the race to finish over a minute ahead in first place, followed by Paddy Matthews (Monte Cassino) in second. Third placed Year 9 boy was Seth Gaw Nursia in 6th position. This meant that out of the Year 8 boys Archie Coogan (Subiaco) came first in 3rd place overall, followed by Harry Gladstone (Nursia) in 4th and George Wightman (Nursia) in 7th. The team placings were as follows: Year 9 – first Subiaco, second Monte Cassino, third Nursia ; Year 8 – first Nursia, second Monte Cassino, third Subiaco.

In the Year 8 and 9 girls race, Eva Torfinn (Nursia) strode to victory in 13.42, which meant that she won the Year 9 race followed by her team-mates Emma Payne in second place and Ciara Evans in 4th place overall (third Year 9). Molly Murphy (Monte Cassino) finished in third place overall to win the Year 8 race, with Eleanor Slater (Monte Cassino) in second and Linduli Jayaneth (Subiaco) in third. The team placings were as follows: Year 9 – first Nursia, second Monte Cassino and third Subiaco; Year 8 – first Subiaco, second Nursia and third Monte Cassino.

The last race of the day was the Year 10 and 11 boys and girls race. In the Year 11 boys race Harry Fasey (Subiaco) was first to cross the line, ahead of Rafael Martinez (Subiaco) in third position overall and Elijah Haye (Nursia) in fifth position overall. In the Year 10 race Kuba Kluczynski (Subiaco) finished first and pushed Harry Fasey all the way to the line to finish second overall, and was followed by Giles Attfield (Subiaco) in 4th position overall and Filip Niedzwiecki in 9th position overall. The team placings were as follows: Year 11 – first Subiaco, second Nursia, third Monte Cassino; Year 10 – first Subiaco, second Monte Cassino, third Nursia.

In the Year 10 and 11 girls race, Phoebe Harpur-Davies (Nursia) ran superbly to finish in first position and won the Year 11 race; and Nancy Bailey finished in second to win the Year 10 race, followed by Caira Pourithodiyilin second and Charlotte Russell in third.

It was wonderful to see the students taking such pride in their newly formed houses and to push themselves as hard as they could for both their individual and team performances. The level of competition was extremely high and bodes well for the athletes who will go on to represent the school team in the Suffolk Schools Cross Country Championships at the Royal Hospital School on the 13th October. We wish them well! We would also like to thank all the teachers and sixth form helpers who acted as timekeepers, recorders and marshals, without whom the event would have been impossible to run.

Mr Murphy



Donations can be made through: <https://tcs londonmarathon.enthuse.com/pf/imogen-senior-f643f>

We're Gonna Bop to the Top!

The Performing Arts department has been very busy the past 2 weeks auditioning students for our forthcoming musical 'High School Musical on Stage'. We are very excited to say that we have the most amazing team of students in our cast. Rehearsals for the show start on Monday. The show will be performed on Tuesday 28th February, Wednesday 1st March and Thursday 2nd March. Details about how you can purchase tickets for the show will be available soon.

We're all in this together



Mrs Roughley

Exam Invigilators

Salary: Grade 2 point 3 currently £9.62 per hour
plus holiday allowance
Job Term No guaranteed hours
Appointment: Casual

<https://www.st-benedicts.suffolk.sch.uk/page/?title=Exam+Invigilators&pid=216>

Plea from DT

Old magazines needed for graphic design, they can be delivered to E6 or D7

Thank you

Mrs Tattersall

Cambridge Museum's inspire our GCSE Artists

Our 54 Art and Textiles GCSE students enjoyed a packed day of drawing at the Cambridge Museum's this week to start off their first GCSE project exploring the theme of 'Structures'.

We managed to squeeze in four museums, the Sedgewick Museum of Earth Sciences, The Museum of Zoology, The Fitzwilliam Museum and the Museum of Archaeology and Anthropology, all providing a range of inspiring artefacts to draw from. Students were fantastic at gathering their own research with full camera rolls of photographs and some excellent drawings to help them develop their projects in the coming months.

We certainly saw enough to find something for everyone. Thank you all for a fantastic day of observation and reflection. Great to see those sketchbooks brimming with ideas!

Ms Chacksfield



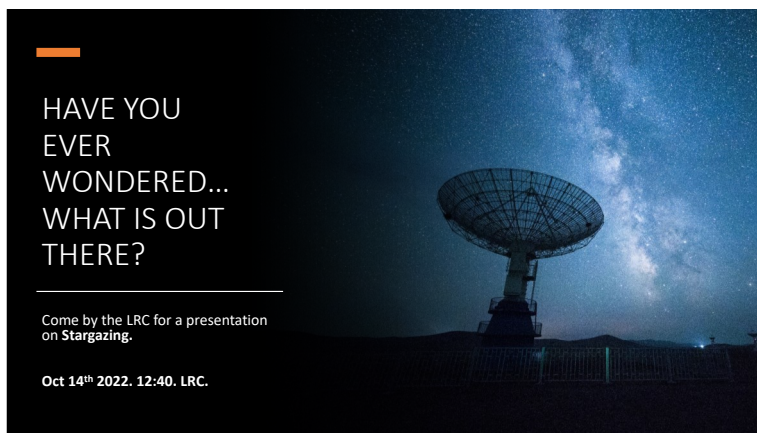
Mural Making for our A Level Artists

22 of our Year 12 and 13 Art and DT students helped make history today, working with Lou Gridley local community artist to create a large-scale mural for the town centre in Bury St Edmunds.

The students helped to sculpt relief panels from a scene of the story of Bury St Edmunds made using a fantastic new material called 'Pal Tiya', often used by sculptors and prop makers working in film and television. The material will mean the mural is weatherproof and hard wearing, lasting for over 20 years.

Students enjoyed the chance to work with wonderful Lou and the new material, benefitting from the chance to see such an exciting project come together. Everyone worked hard all day to each complete their own section of the panel, which will be situated at the back of the Apex building in the town. The project is part of the Abbey 1000 celebration, funded by the Arts Council and hosted with the support of Abbeygate.

An unveiling of their work will take place in November, so watch this space to find out more and see the excellent work revealed to the public then. A fantastic commitment and sense of community spirit artist's!



As a school we subscribe to an online maths programme called MyMaths. This is a brilliant resource available to all students from Year 7 through to year 13 and is for any ability. It contains online lessons, self-marking activities, games, and revision tasks. Maths teachers will be setting some of their homeworks through MyMaths. In addition to this, students can use MyMaths to practice skills learnt in lessons and for revision at any time. Scores on MyMaths are recorded on the student's account and progress can be tracked.

Our school login is: benedicts

Our school password is: pyramid

Maths teachers will be providing students with their individual login details in lessons.

Mrs Eastwood and the Maths Team

Parking

Can we please ask once again that you do not use the front or rear car parks at the school when picking up or dropping off your children at school, we appreciate how busy it gets around the school but please be considerate to the local residents.

Thank you in advance for your help with is.

