



## Headteacher's Update

Despite the rather chilly start to the week, it does now seem that June is with us and the weekend looks to be rather more seasonal.

The half term ahead is an exciting and somewhat frantic one, with Sports Day and St Benedict's day as well as the current Berlin trip, forthcoming Walsingham trip and other activities taking place. We will be sending more information next week about our planned Fayre on the afternoon of St Benedict's day and I hope that the days ahead will bring more sunshine and happy, productive days for all our students.

Today is the feast day of St Columba and this rather lovely prayer attributed to him is particularly fitting: 'O Lord, grant us that love which can never die, which will enkindle our lamps but not extinguish them, so that they may shine in us and bring light to others. Most dear saviour, enkindle our lamps that they may shine forever in your temple. May we receive unquenchable light from you so that our darkness will be illuminated and the darkness of the world will be made less. Amen



Yours in Christ, Imogen Senior

## New Careers Adviser

We are delighted to welcome Angela Hahn as our new Head of Careers at St Benedict's.

Over the last 7 years, Miss Hahn has delivered careers education, advice and guidance to both secondary school and college students in the local area. She has a wealth of corporate experience at national and international level with roles including Economist for the EU in Luxembourg, Energy Market Analyst, and Technical Documentation Team Leader for a Cambridge Telecoms company. Miss Hahn has also owned her own business in Holistic therapies and training and is a qualified counsellor. We are sure that our students will benefit from the knowledge and experience that Miss Hahn will bring to our school.



## Musical Instrument Lesson Sign Up

If you would like to sign up for musical instrument lessons please remember to complete the paper work that was emailed out on the Friday before half term. Please return all paperwork to [troughley@st-benedicts.suffolk.sch.uk](mailto:troughley@st-benedicts.suffolk.sch.uk)

If you have any questions about the lessons then simply send me an email.

Mrs Roughley

## Idiom of the week – Hungarian



A lovely idiomatic life lesson in Hungarian.

Can you use it [This Photo](#) this week?

*Ki mint vet, úgy arat.*

**Literal Translation:** He who sows reaps.

**English Equivalent:** As you sow, so shall you reap.

Meaning:

The way you behave in life will determine the treatment you receive from others.

Usage:

Imagine one of your friends did something wrong, and then something bad happened to them as well. You could then mention this proverb to them as a sort of life lesson. Because as we all know...what goes around, comes around.

MFL Department

## LAMDA lessons at St Benedict's

Information and the paperwork for our new and exciting LAMDA lessons should be in your inbox now. If you would like to know more or have any questions regarding LAMDA lessons then pop me an email. If you would like your child to start LAMDA lessons then please fill in the paperwork and return it to myself.

[troughley@st-benedicts.suffolk.sch.uk](mailto:troughley@st-benedicts.suffolk.sch.uk)

Mrs Roughley

## Sixth Form

The Y13s continue to work hard for their A levels and now they are half way through, things feel a bit calmer in the common room.

The Y12s are beginning to feel the pressure build with mocks around the corner and university research to be done. It's great to hear about the university open days they are going on and see them start to plan their futures.

The Sixth Form Team