



International Languages Day 2023

Tuesday 26th September is officially European Languages Day, so we extended this to celebrate all the languages spoken in the school.

We had taster sessions where students in the school taught year 8 and 9 classes their languages for 30 minutes each. Thank you to all the students who participated in this: you were truly fabulous!



There was a cake/international snack competition with many entries. An announcement will be made shortly to announce the winners. The tasty things were then sold at break for the British Red Cross Libya disaster fund. We made £153.20 in 20 minutes! Thank you to all who made food, helped to sell it, and all who bought it.

The Flag Competition was very popular, and the entries are currently being checked. The winner will be announced as soon as possible.

It was lovely to see how keen everyone was to participate in these events, and one of the loveliest things to witness, was the beautiful cultural dress worn around the school on Tuesday; there was Scottish kilts, Indian saris, African fabrics, traditional Kurdish, and Polish dress and many more!

There are many reasons to study a language, but one of the more important reasons is that it promotes communication and integration. I think St Benedict's did that very well this week!

Mrs Dalby - MFL department



Curriculum Evenings

Reminder

There are two curriculum evenings next week, please don't forget to come along to find out more about what your child will be doing in the coming academic year.

Tuesday 3rd October - Year 9

Thursday 5th October - Year 8

Mrs Cornforth

Idiom of the week- Polish

Don't call the wolf from the forest.

"Nie wywołuj wilka z lasu"

This means "don't stir up trouble for no reason. To run into a wolf by accident while walking in the forest is a dangerous situation that we normally try to avoid. To call the wolf out of the forest would be to call danger to yourself unnecessarily.

Similar English idioms would be "Let sleeping dogs lie", "Don't poke the beast." "Don't wake the bear".

MFL Department



Library

The library staff would like to thank everyone who has sent in donations of books/games/puzzles for the library, they are greatly appreciated. They are still accepting donations if you have yet to send yours in yet.

Mrs Pickersgill

Black Atlantic: Power, People, Resistance Exhibition, Fitzwilliam Museum, Cambridge

With October being Black History month, the History department would like to highlight a fantastic opportunity to explore more about Cambridge University's role in the transatlantic slave trade at a new free exhibition at the Fitzwilliam Museum in Cambridge. The exhibition is particularly pertinent for Year 9 and A Level historians for whom the slave trade and its abolition is part of this year's course. It may also interest GCSE and A Level art students too.

The exhibition explores some new stories from history – stories that help to separate fact from fiction and history from myth.

By bringing together collections from across the University of Cambridge's museums, libraries and colleges with loans from around the world,

Black Atlantic: Power, People, Resistance asks new questions about Cambridge's role in the transatlantic slave trade and looks at how objects and artworks have influenced history and perspectives.

In 1816, Richard Fitzwilliam donated vast sums of money, literature and art to the University of Cambridge, creating the Museum that is named after him. But Fitzwilliam's generosity was only possible because of the wealth his grandfather accumulated in part through the transatlantic slave trade. Acknowledging this story for the first time has led to new discoveries about the objects Fitzwilliam donated, the people who collected them, and the cultures that created them.

Displaying objects and artworks made in West Africa, the Caribbean, South America and Europe, this landmark exhibition also reveals the histories that have been silenced; not just stories of exploitation, but those of resilience and liberation, too. It shows how through resisting colonial slavery, people produced new cultures known as the Black Atlantic, that continue to shape our world.

The stories in the Black Atlantic can hope to create a fairer future. By rethinking humanity's connected and complex histories and looking again through the lens of contemporary art, tomorrow's story can be one of repair, hope and freedom.

The exhibition runs until 7th January 2024. It is possible to book free tickets at: [The Fitzwilliam Museum - Black Atlantic: Power, People, Resistance \(cam.ac.uk\)](https://www.cam.ac.uk/visit-the-museum/black-atlantic)

The History Department

Riding Success

One of our year 9 students competed at the National Equestrian Championships at Hickstead in September. Tia Wynne-Rogerson from 9P, together with her horse 'Midnight Maggie' were representing Suffolk in the individual competition. Tia and Midnight Maggie finished 5th and 3rd in the Eventing and 4th and 5th in the showjumping.

Tia is an active member of Pony Club and Riding Club and has had huge successes throughout the year, including being on the winning team of the prestigious Pony Club Gosling Cup and winning the National Finals at Eventing in the spring along with many more individual placings.

Tia is currently looking to register the school with the National School's Equestrian Association (NSEA) and hopes to gain the interest of any pupils wishing to compete in equestrian sports and team events on behalf of the school in the near future.

Joining the equestrian team is an incredible opportunity for those wanting to combine their passion for horses with the thrill of competition and teamwork, encouraging sportsmanship, respect and lifelong friendship.

Watch this space for more information on how to get involved, but in the meantime if you have any questions please do get in touch with the school.



Inter House Cross Country Championships

On Tuesday 19th September the school hosted the Inter House Cross Country Championships. The first race of the day was for Year 7 students, which comprised two large laps of the field totalling 2400m. Sophie Bolton took an early lead, which she then extended, to finish in an amazing time of 9.12. The Year 7 Boys were chasing hard behind, with Kasper Koldzej taking first place in the boys' race ahead of Gregory Slater.

Year 7 Girls

- 1st Sophie Bolton - 9.12
- 2nd Imogen Knight - 11.42
- 3rd Beatrice H-D - 11.45
- 4th Tallulah Roberts - 11.52
- 5th Megan Balchin - 11.58

Year 7 Boys

- 1st Kasper Koldzej - 9.35
- 2nd Gregory Slater - 9.52
- 3rd Alexander Balmer - 10.39
- 4th Ben Payne - 10.50
- 5th Spencer Gladstone - 11.35

The next race involved the Year 8s and 9s completing a 3200m course which was made up of one short lap and two large laps. In the boys' race there was a great competition between the Year 8s and Year 9s. In the end Noah Wilkinson ended up breaking the tape first to win gold in the Year 8s race; with William Glover finishing just behind to win gold in the Year 9 competition. Then followed Oliver Lamas (2nd Year 8) and Jake McConnell (3rd Year 8). George Wightman claimed the next spot for 2nd in the Year 9 race, with Marcel Wiewiora placed 8th overall to clinch 3rd. Meanwhile, in the girls' race Molly Murphy finished 1st with her form-mate Eleanor Slater finishing 2nd. Joely Findley raced well to finish 9th overall in the bronze medal position for the Year 9s. In front of her, Lucy Murphy finished 3rd overall and 1st Year 8, closely followed by Amelia Smith 4th overall and 2nd Year 8.

Year 8/9 Girls

- 1st Molly Murphy (9) - 14.00
- 2nd Eleanor Slater (9) - 14.45
- 3rd Lucy Murphy (8) - 14.46
- 4th Amelia Smith (8) - 15.31

Year 8/9 Boys

- 1st Noah Wilkinson (8) - 12.56
- 2nd William Glover (9) - 13.04
- 3rd Oliver Lamas (8) - 13.20
- 4th Jake McConnell (8) - 13.30

To close proceedings Years 10, 11 and 12 completed three large laps (3600m). Kuba Kluczyński, Taylor Valach and Seth Gaw gave the onlookers the most exciting race

of the day with the top three positions changing several times, before Kuba eventually came home 1st with Taylor in 2nd and Seth in 3rd. Oscar Lipinski was 2nd Year 10 home in 15.13 and Elliot Brunning 3rd in 15.40. Clotilde D'Mello ran really well to get first place in the girls' race in 22.01.

Year 10/11/12 Boys

1st Kuba Klucyinski (11) – 13.43

2nd Taylor Valach (12) – 14.12

3rd Seth Gaw (10) – 14.16

4th Luke Brownhill (11) – 14.35

5th Harrison Davy (11) – 14.39

We are very proud of all of the students who volunteered to race for their house and wish those who have been selected all the best when they represent the school in the Suffolk Schools Cross Country Championships at the Royal Hospital School on the 12th October.

The Inter House results were as follows:

Year 7 Boys: 1st Monte Casino, 2nd Nursia, 3rd Subiaco

Year 7 Girls: 1st Nursia, 2nd Monto Casino, 3rd Subiaco

Year 8 Boys: 1st Monte Casino, 2nd Subiaco, 3rd Nursia

Year 8 Girls: 1st Monte Casino, 2nd Nursia, 3rd Subiaco

Year 9 Boys: 1st Nursia, 2nd Monte Casino, 3rd Subiaco

Year 9 Girls: 1st Monte Casino, 2nd Subiaco, 3rd Nursia

Year 10 Boys: 1st Nursia, 2nd Subiaco, 3rd Monte Casino

Year 11 Boys: 1st Monte Casino, 2nd Nursia, 3rd Subiaco

Mr Murphy