



## Save the date!

On 21st April 2024, Mrs Senior and Miss Law will be running the TCS London Marathon in aid of CAFOD!

We are planning lots of exciting fundraisers, with two taking place before Christmas.

### Friday 10<sup>th</sup> November:

Year 7 & 8 Disco, 6 - 7:30pm

### Friday 15<sup>th</sup> December:

Year 7 Sleepover in the School

We will release details about the disco next week but if you would like to come then pop the date in your calendar.

Miss Law & Mrs Senior

## Give 2 Good

An exciting new project has just been launched to all students in Years 7-11 as part of their PSHE and Citizenship lessons.

All students have been given £2 with the challenge to use it to 'Give 2 Good' before their last PSHE & Citizenship lesson of the Autumn Term.

They have spent time planning in class how they might do this and so far have come up with some brilliant, very creative and entrepreneurial plans. Please do talk to your children about what they are going to do, how and why, and support them in their projects.

The Bury St Edmunds Catenian Association and Thomas and Young Wealth Management have very kindly donated us the money to carry out this project. We are incredibly grateful to both organisations for their support and for being as interested and excited as we are to see how the children use this money.

Mrs Cobbold

## Finalists in the East Anglian Daily Times Education Awards!

Exciting News! We are finalists in the secondary school category, in the East Anglian Daily Times Education Awards - the other finalists are - Framlingham College (Independent), Woodbridge School (Independent), and Hartismere.

If you would like to read more about the competition please click on the link below.

<https://www.eadt.co.uk/news/23849676.meet-finalists-suffolk-education-awards-2023/>

## Sixth Form Open Evening

Tuesday 17th October 2023

18:30 - 20:00

No booking required, please come along to find out more about our outstanding sixth form.

## Idiom of the week – French

### Une blague - A joke

Some of you will probably already know that I enjoy a silly joke- the cringier the better! And I am unfortunately prone to the "self Laughies" as I often laugh at my own jokes ( if I can remember them!)

For those of you who need the translation:

I gave my daughter a fridge as a gift for her birthday.

I can't wait to see her face light up when she opens it!

In English we "give" a gift. But in French the gift is "offered". An interesting distinction.

Mrs Dalby - MFL department

J'ai offert un frigo en cadeau  
à ma fille pour  
son anniversaire.

J'ai hâte de voir  
son visage s'illuminer  
quand elle l'ouvrira.

## St Benedict's Students in Theatre Royal Production

A few of our students are performing at the Theatre Royal in a production of 'Oliver' if you are looking for something to do next week.

## Cross Country Running at RHS

On Thursday 12 October, 50 students went to the Royal Hospital School near Ipswich to compete in the Suffolk Schools Cross Country qualifying competition. The students left school at 9.15 and drove through torrential rain to get to the event, so there was huge relief on arrival to find the worst of the rain had passed and they were just left with wet running conditions.

There were some amazing individual performances across all the age groups and everyone who ran should be very proud of themselves for doing their best and being great ambassadors for the school. The top 50 from each race have qualified for the next competition on 11th January.

The final results have not been published yet but if you are interested in finding out more, please have a look at the Suffolk Schools Athletics Website where the results should be uploaded next week:

<https://www.suffolkschoolsathletics.info/cross-country>

Mrs Wright



Race	Name	Position
Minor Girls	Sophie Bolton	1
	Beatrice Harpur-Davies	24
	Tallulah Roberts	49
	Megan Balchin	50
	Imogen Knight	87
	Martha Lockhart	89
	Esme McCleary	106
Minor Boys	Jasmine Stenning	116
	Gregory Slater	3
	Kacper Kolodziej	30
	Alexander Balmer	34
	Ben Payne	45
	Dylan Bain	81
	Joshua Murray	86
Junior Girls	James Attfield	98
	Spencer Gladstone	110
	Molly Murphy	1
	Lucy Murphy	8
	Eleanor Slater	12
	Amelia Smith	18
	Alanna Evans	23
Junior Boys	Imogen Grove	29
	Sophia Rivera	34
	David Lupsa	1
	Jake McConnell	12
	Oliver Lamas Nakagawa	21
	Noah Wilkinson	25
	William Glover	26
Inter Girls	George Wightman	32
	Marcel Wiewiora	39
	Aiden Cameron	47
	Jacob McNee	66
	Eva Torfinn	8
	Emma Payne	10
	Violette Davy	27
Inter Boys	Nancy Bailey	37
	Faith Hawes	45
	Daisy Constant	46
	Charlie Oxborrow	5
	Kuba Kluczynski	29
	Harrison Davy	37
	Seth Gaw	38
Senior Girls	Oskar Lipinski	46
	Giles Attfield	52
	Elliot Brunning	62
	Mario Maala	64
	Luke Brownhill	84
	Phoebe Harpur-Davies	6
	Taylor Valach	30
Senior Boys	Henry Baldock	35





## Breast Cancer awareness month

### Mr Turner is running the London

### Marathon for Breast Cancer Now!

October is Breast cancer awareness month. This is a chance to spread the word about signs and symptoms of primary and secondary breast cancer and show support for people who have been affected by this. For more information on what's going on in October and how to get involved please visit the Breast Cancer Now website.

[https://breastcancernow.org/if?gclid=EAlaIqobChMIyftqPXhgQMvtQDmCh2ukQiYEAAYASAAEgJJpvD\\_BwE](https://breastcancernow.org/if?gclid=EAlaIqobChMIyftqPXhgQMvtQDmCh2ukQiYEAAYASAAEgJJpvD_BwE)

Mr Turner is running the London Marathon in April 2024 in support of Breast Cancer Now. If you would like to support him and this fantastic charity, his fundraising page is below. Good Luck to Mr Turner and all the other staff taking part in the London Marathon in 2024.

<https://2024tcs londonmarathon.enthuse.com/pf/ben-turner04>



## Year 7 Netball vs Mildenhall

We travelled to Mildenhall College Academy this week to play our year 7 netball league match. Mildenhall won 3-1, but we played some really good netball throughout. We moved the ball down the court well and got the ball in the D quite a few times, but the very tall defenders made shooting much more difficult. Players' player chosen by Mildenhall was given to Melanie Bochenek-Cichoka and players' player from our team was awarded to Evelyn Scott who scored our goal! Well done to all of the girls! Our next game is against Thurston on Tuesday 31<sup>st</sup> October! Hopefully we can get the game played before trick or treating!

There won't be any netball club next Tuesday after school (17<sup>th</sup> October) as Mrs Wright has another fixture to attend.

Mrs Wright

## Army Careers Visit

Students in Years 10, 11 and 12 joined the British Army (workshop!) on Tuesday 10<sup>th</sup> October to discover more about the roles, opportunities and progression that can be achieved in an Armed Forces career. Sergeant Chris Goodwin, Lance Corporals Ben Bedbrook and Rhys Taylor and Corporal Jonny Finch introduced the students to the Royal Anglian and 3<sup>rd</sup> Battalion Parachute regiments and guided them in delivering a presentation to the whole group on their regiments and roles. Students also enjoyed trying on parachute packs, kit bags and camouflage helmet!

Ms Hahn



## GCSEPod – Essential revision resource for Y11 Mocks

We would like to remind you that St Benedict's has a subscription to GCSEPod which provides Award-Winning audio -visual teaching and learning resources for GCSE subjects. It is an incredibly useful resource for students in Years 10 and 11, but also for Key Stage 3 students. GCSEPod's own research has found that, regular users of GCSEPod achieve, on average, 1 grade higher per subject than non-users.

On 19<sup>th</sup> October 2023 GCSEPod is running a GCSE Student Webinar at 5.00pm: Access GCSEPod Student – Preparing for Mocks. Students can register for the webinar by clicking on the link below:

[GCSEPod webinars for Teachers, Parents and Students \(theaccessgroup.com\)](https://theaccessgroup.com)

If your son/daughter has not yet logged in to GCSEPod or has forgotten his/her password, please could you encourage them to activate his/her account by following the instructions below.

Mr Murphy

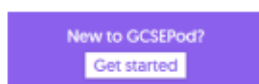
# Helping your child log in to GCSEPod



## Logging in for the first time

If your child has never logged into GCSEPod before then they will need to activate their account.

1. Go to [www.gcsepod.com](http://www.gcsepod.com)
2. Click 'LOG IN'.
3. Click 'New to GCSEPod – Get Started!'

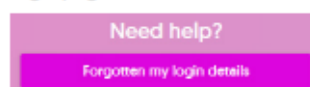


4. Select 'Student' and have your child enter their name, date of birth and the name of their school.
5. Your child then chooses their own user name, a password and a password hint. There is an optional field to set a password rest email – we recommend doing this so they can recover their password easily if they forget it.
6. Click 'Save' to finish and log in.

## Forgotten their password?

If your child has logged in before they should have a username and password to sign in with.

If your child cannot remember their login details then click on the 'Forgotten my login details' button the login page.



This will provide you with options to access a password hint or reset their details.

Our support team are also on hand to help with log-in issues. On the bottom left of the login page you will see our live chat support, click on the + icon to open the chat window and speak to a member of our support team.



If live chat is not available then our support team can also be called on 0191 338 7830 between 8.30am and 5pm.

We are also contactable by email to [support@gcsepod.com](mailto:support@gcsepod.com)

## STILL CAN'T GET LOGGED IN?

If your child is still unable to get logged in then there may be another issue with their account which needs to be resolved by their school.

Please get in touch with their school to advise of the issue.

Using GCSEPod out of term time? Give us a call on 0191 338 7830 between 8am and 5.30pm or by email to [support@gcsepod.com](mailto:support@gcsepod.com) and we will do our best to help you get logged in.