



St Benedict's Catholic School

The Catholic Secondary School for West Suffolk

PSHE CURRICULUM GUIDE

Year 8 Autumn

During PSHE and Citizenship this year, your child will develop a number of important skills including:

- Critically exploring political and social issues
- Evaluating evidence
- Debating
- Making reasoned arguments
- Being encouraged to play an active part in both the school and the broader society

It will also prepare your son/daughter to take their place in society as responsible citizens, manage their money well, be healthy and safe and learn basic First Aid Skills.

During the Autumn term, your son/daughter will initially complete a series of work entitled 'What is our British Identity?' This explores what it is like to live in modern Britain, considering the expectations which we have and the British values which we currently live by. This sits alongside work which students will complete at the very start of the year on extremism, radicalisation and preventing terrorism.

Your child will also look at 'Harmful Substances' in which they will consider the consequences which drinking alcohol, smoking and taking drugs can have on the body. They will explore the risks associated with these behaviours.

Year 8 Spring

In lessons this half term your son/daughter will look at The World of Work. They will explore global issues such as child employment as well as the national issues associated with unemployment. This will encourage them to think further about their own career paths and the choices which they want to make.

Your child will also complete a unit of work on crime. This will look at various examples of crimes as well as discuss appropriate consequences for these actions. It will look at how Britain tries to prevent these from happening as well as the existing punishments which are in place. They will analyse the role of the police and the operation of courts and tribunals. It will also look at the wider issue of forgiveness.

Also during this term, your child will complete activities linked with World Book Day.

Year 8 Summer

This term, your child will complete a series of work to create a good set of study skills. It looks at being assertive, your beliefs and budgeting. It looks at what influences them and the personal qualities which they have. It will help pupils to begin to consider what options they would like to study in the future and what future career paths they could follow.

As part of their PSHE work this year, your child will complete a workbook entitled 'Successful You'. This allows pupils to review their own qualities, values and behaviours in the context of how to be successful. They will consider exactly what it means to be successful and how this can be achieved. They will learn what it means to be resilient as well as how healthy relationships can be built, including exploring respect and tolerance. These two units completed this term, will prepare students well for their progression into Year 9 in September.