



St Benedict's Catholic School

*Developing Wisdom, Compassion and Resilience
through Prayer and Work*

PSHE and Citizenship Department Curriculum Guide

Year 8

Curriculum

Autumn	Spring	Summer
<ul style="list-style-type: none"> • <u>Your wellbeing</u> = Reviewing what has a positive and negative effect on yours and others' mental health. • <u>Healthy relationships</u> = Learning how you can try have successful relationships. • <u>Give 2 Good</u> = Launching a project to give students the opportunity to show compassion to those who need it. • <u>The truth about smoking</u> = Knowing the dangers associated with smoking. • <u>End bullying</u> = Reflect on your role in stopping bullying. • <u>Defining success</u> = Learning about the different forms that success can come in. • <u>The traits of success</u> = Assess which qualities can help lead to success. • <u>Take action</u> = Knowing the importance of participating and making a positive difference. 	<ul style="list-style-type: none"> • <u>The Government and us</u> = Knowing how elections work. • <u>Running the country</u> = Knowing the responsibilities of the House of Commons, the House of Lords and Select Committees. • <u>Public V, Private</u> = Assessing what information should be kept private or made public. • <u>The Law</u> = Learning how the Law works in the UK. • <u>Consequences of crime</u> = Knowing how the UK Court system works 	<ul style="list-style-type: none"> • <u>The British Values Game</u> = Knowing how to live out the British Values. • <u>Your place in the world</u> = Assessing good and bad places which make you feel important. • <u>Make a difference</u> = Considering how you can make a positive difference. • <u>The Budget Game</u> = Practicing making wise money choices. • <u>Ethical spending</u> = Knowing how you can make ethical spending choices.

Assessment & Homework

At the end of each lesson students will complete a self-assessment activity to show how much they have learnt.



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At the end of each term students will complete an online test of what they have learnt throughout the year.

During the Autumn Term students will be set the Give 2 Good project as homework, encouraging them to show compassion to others.

At the start of the Spring and Summer term students will be given a homework challenge sheet with four different tasks on linked to the topics they will be studying in PSHE & Citizenship that term. These can be completed at any point during the term.

At the end of each term students will complete an online test of what they have learnt throughout the year.

Students are always encouraged to continue their learning beyond each lesson e.g. by sharing what they have learnt with others and looking out for when related issues are in the news.

Resources

None of these are required for students to have but suggestions of resources they could read in addition to their class learning are:

Books:

Good enough, Jen Petro-Roy

Refugee boy, Benjamin Zephaniah

What is mental health? Where does it come from and other big questions – Dr Lucy Maddox

How to be me – Cath Howe

What is Politics, why should we care and other big questions – Michael Rosen and Annemarie Young

What is consent, why is it important and other big questions – Louise Spilsbury and Yas Necati

Be happy be you, The teenage guide – Penny Alexander and Becky Goddard-Hill

All the things that could go wrong – Stewart Foster

Not my fault - Cath Howe

Black and British, a short essential history – David Olusoga

Websites:

National news: www.bbc.co.uk

Local news: www.eadt.co.uk

Children's news: <https://www.bbc.co.uk/newsround>

Extra and Super Curricular Opportunities

Students are encouraged to take part in the extra-curricular activities which are offered across the school. Students are made aware of specific PSHE & Citizenship opportunities as they arise e.g. to enter related competitions.