

## PSHE and Citizenship Department Curriculum Guide

### Year 10

#### Curriculum

Autumn	Spring	Summer
<ul style="list-style-type: none"> <li>• <u>The comparison trap</u> = Reflecting on the dangers of comparing yourself to others.</li> <li>• <u>Communicate well</u> = Practicing your presenting skills.</li> <li>• <u>Give 2 Good</u> = Launching a project to give students the opportunity to show compassion to those who need it.</li> <li>• <u>Drugs etc.</u> = Knowing the dangers of using harmful substances.</li> <li>• <u>Political Britain</u> = Knowing the main roles of Parliament and Government.</li> <li>• <u>Local, National and Global</u> = Knowing how the UK is run at a local, regional and international level.</li> <li>• <u>Extremism</u> = Understanding the responsibility students have of protecting themselves and others from radicalisation.</li> <li>• <u>Being a parent</u> = Knowing the responsibilities associated with parenting.</li> </ul>	<ul style="list-style-type: none"> <li>• <u>The murder that changed a nation</u> = Knowing the importance of stopping all forms of racism.</li> <li>• <u>Do we know the truth?</u> = Learning about how to spot fake news and some of the regulations and freedoms on the Press.</li> <li>• <u>Coping with life</u> = Learning about triggers for mental health issues and ways people may respond to them.</li> <li>• <u>My salary</u> = Understanding how to interpret a pay slip.</li> <li>• <u>Money and you</u> = Learning about how you can use and protect your money.</li> </ul>	<ul style="list-style-type: none"> <li>• <u>Addicted parents</u> = Reflecting on the responsibilities of parenting and the dangers of taking harmful substances.</li> <li>• <u>Being assertive</u> = Knowing ways students can be assertive.</li> <li>• <u>The Bar</u> = Knowing what counts as sexual harassment and what The Law says about it.</li> <li>• <u>Talking cancer</u> = Knowing more about cancer and some of its symptoms and effects.</li> <li>• <u>CV Workshop</u> = Preparing for mock interview and writing a CV.</li> </ul>

#### Assessment & Homework



At the end of each lesson students will complete a self-assessment activity to show how much they have learnt.

At the end of each term students will complete an online test of what they have learnt throughout the year.

During the Autumn Term students will be set the Give 2 Good project as homework, encouraging them to show compassion to others.

At the start of the Spring and Summer term students will be given a homework challenge sheet with four different tasks on linked to the topics they will be studying in PSHE & Citizenship that term. These can be completed at any point during the term.

At the end of each term students will complete an online test of what they have learnt throughout the year.

Students are always encouraged to continue their learning beyond each lesson e.g. by sharing what they have learnt with others and looking out for when related issues are in the news.

## Resources

None of these are required for students to have but suggestions of resources they could read in addition to their class learning are:

### Books:

**The Fault in our Stars**, John Green

**Junk**, Melvin Burgess

**Positively teenage, a positively brilliant guide to teenage wellbeing**, Nicola Morgan

**How to be me** – Cath Howe

**Be happy be you, The teenage guide** – Penny Alexander and Becky Goddard-Hill

**Black and British, a short essential history** – David Olusoga

**Girl (in real life)** – Tamsin Winter

### Websites:

National news: [www.bbc.co.uk](http://www.bbc.co.uk)

Local news: [www.eadt.co.uk](http://www.eadt.co.uk)

Children's news: <https://www.bbc.co.uk/newsround>

## Extra and Super Curricular Opportunities

Students are encouraged to take part in the extra-curricular activities which are offered across the school. Students are made aware of specific PSHE & Citizenship opportunities as they arise e.g. to enter related competitions.