



St Benedict's Catholic School

The Catholic Secondary School for West Suffolk

PSHE CURRICULUM GUIDE

Year 10 Autumn

During PSHE and Citizenship this year, your child will develop a number of important skills including:

- Critically exploring political and social issues
- Evaluating evidence
- Debating
- Making reasoned arguments
- Being encouraged to play an active part in both the school and the broader society

It will also prepare your son/daughter to take their place in society as responsible citizens, manage their money well, be healthy and safe and learn basic First Aid Skills.

During the Autumn Term your son/daughter will complete a unit of work called 'British and Proud'. This allows them to explore what it means to live in modern Britain and to study some of what makes us who we are, for example the values which we live by. This sits alongside work which students will complete at the very start of the year on extremism, radicalisation and preventing terrorism.

Next, they will work through a topic called 'Prepare for Work'. This will provide practical support not only for those students who will be going on Work Experience this year, but also for all students when they will begin applying for jobs. Students will have access to a range of resources and will be given assistance to write their own CVs and covering documents.

A unit will also be completed which discusses the issues surrounding relationships. This includes existing relationships with peers, parents and family members as well as future relationships which they may have for example if they themselves become parents. Sex and Relationship issues will be discussed separately within RE lessons.

Year 10 Spring

In Citizenship in the Spring term of Year 10 your son/daughter will look at how laws are created and then implemented. They will also study parliamentary democracy, looking at the way the British system is organised. They will look at the key elements of the constitution of the United Kingdom and the different roles of the executive, legislature and judiciary and a free press.

In PSHE in the Spring term, pupils will look at drugs including alcohol and solvents. They will consider what the law says about them as well as the negative effects they can have and how they can lead to addictions.

Also during this term, your child will complete activities linked with World Book Day.

Year 10 Summer

At the start of the Summer term, your child will be given several sessions which give exam advice in preparation for the students' mock exams. These will give study tips and revision advice.

After they have sat these exams, they will complete a Hazard Awareness course. This includes basic First Aid skills and focuses on the importance of safety in the workplace.

Your son/daughter will then watch, discuss and analyse a BBC documentary about students who attend Pupil Referral Units. They will consider their own school experiences and the importance of positive behaviour and the short and long term implications of what happens when it is not.

The final unit which your child will complete is based around the 'Life in the U.K.' Test. This will give students the opportunity to complete examples of the test which people moving to the U.K. have to complete and reassess what it means to be British.