

As we finish the end of the longest short term, I would like to send our best wishes to all our families and wider community for a blessed, happy and joyful Easter. As we look ahead to Holy week and the joy of Easter itself, may the Love of Christ strengthen and support us in all we do.

Adam Gilroy is running the London marathon in the memory of one of our parents (Neil Tattersall) who sadly passed away suddenly this month and will be raising money for the charity 'Scotty's Little Soldiers' a charity which supports children of Armed Forces members who have experienced bereavement. <https://www.justgiving.com/fundraising/adam-gilroy-gilroy?checkoutMode=Headless>

We say goodbye and thank you to Scott Walker our Reading and Literary Champion and Matt Livermore, teacher of RE, we wish them well in their new roles.

Youth Sport Trust Olympic Event

On Tuesday a small group of students were invited to attend the Youth Sports Trust event with Olympian Steve Frew and students from other local schools.

The students spent the morning taking part in Inclusive team sports including Seated Volleyball and Boccia followed by a presentation from the British Olympian and Commonwealth gymnast Steve. As always this was a thoroughly enjoyable event and I'd like to thank all the students involved for their participation and enthusiasm !



Mrs Cooper

Dodgeball Tournament



The much-anticipated final for the Year 13 dodgeball tournament took place on Wednesday. The crowds started gathering early, there was a slick operation by the Year 13s to extract the 50ps and get the students into the gym. The tension quickly started mounting with students trying to get a glimpse of their favourite players. The first match was an extra to give some of the teams another chance to play, so it was the teachers versus 'There were 5 of us', and the teachers managed to sneak the win. Then we were onto the play-off between the BBs and England to decide 3rd and 4th positions, both teams played well but, in the end, it came down to George Wall fighting for the BBs but he was unable to withstand the prolonged attack from England so England took the game to secure 3rd place.

By now the excitement was growing whilst the spectators waited for the final between 'Winnie the Pooh' consisting of Emilio Martinez, Charlie Barber-



Lomax, Michael Ellis, Tom Burrows and Sam Macey and 'The Dodgeballers' consisting of Mr Elmer, Will Cameron, Darragh Thacker, Connor Chacksfield and James Marriott, it was a closely fought game with both teams coming out strong but in the end it was the skill and tenacity that helped 'Winnie the Pooh' take the title.

Mrs Slater

School Games Orienteering Champions

On Wednesday 29th March twelve students from St Benedict's participated in the West Suffolk School Games Orienteering Competition in Nowton Park.

The afternoon consisted of a carousel of activities designed to develop the students' orienteering skills including sessions designed to improve their teamwork and communication skills as well as their knowledge of map symbols and their ability to set a map and relate it to the ground.

After a quick refreshment break, the afternoon culminated in a competition. We fielded a team of six (three boys and three girls) in both the U13 and U15 races. Our students were like muzzled greyhounds itching to set off and put their newly developed skills into practice.

Once the race had started they were like gazelles sprinting across the park from checkpoint to checkpoint, leaping over obstacles and helping each other out to navigate the quickest way around the course.

Both teams really enjoyed the event and were pleased to come first in their respective age groups. The Under 13 team consisted of Alanna Evans, Lucy Murphy, Amelia Smith, William Glover, Noah Wilkinson, George Wightman; and the U15 team consisted of Ciara Evans, Emma Payne, Eva Torfinn, Seth Gaw, Kuba Kluczynski and Charlie Oxborrow. If any students are interested in trying out orienteering they should log in to the Suffolk Orienteering (SUFFOC) website www.suffoc.co.uk The club organise the Ipswich O series of events on weekend afternoons in Suffolk's beautiful local parks, with courses designed for beginners, improvers, juniors and families ranging from 1 to 3km in length.

29/04/2023 – 13:00 Christchurch Park, Ipswich

14/05/2023 – 13:00 Chantry Park, Ipswich

10/06/2023 – 13:00 Christchurch Park, Ipswich



25/06/2023 – 13:00 Chantry Park, Ipswich

Mr Murphy



Pop-up GCSE Revision Book Sale

On Friday 31st March we held a GCSE Revision Book Pop-Up Sale. The books were donated by last year's Year 11 cohort after they had completed their exams and were sold for the bargain price of 50p each. We would like to extend a huge thank you to all of those who donated books and to Miss Law who did a wonderful job of drumming up custom.

It was wonderful to see the current Year 11s clamour around the table as they sought out resources to use over the Easter holiday and in the build up to the summer exams. This event raised £65.16 with all of the money going to CAFOD. It also fitted in well with our mission statement of developing 'Wisdom, Compassion and Resilience'.

We would like to repeat the success of this initiative next year and will send out more details about collecting in used revision books in the future.

Mr Murphy




Come and join us to dance the night away with
Fezziwig Ceilidh Band

All profits for refurbishment of Our Lady Immaculate and St Joseph Catholic Church

On: Saturday 15 April 2023
From: 7.30 pm
At: St Benedict's School, IP32 6RH

Ceilidh is for everyone – no partners needed!

Ticket prices: £10.00 for adults
Children under 14 free

Bring your own drink. Tuck Shop available.

For tickets, contact: Sarah Farr on 07776 144003 or sarah@farrhome.co.uk
Or Pat Field on 07769 762252
Or available from Presbytery Office

Science News – A remarkable new TV!

An announcement is due to be made at the beginning of April about a remarkable new type of television - a TV set that will enhance the viewing experience by emitting aromas associated with the scenes that are being viewed. Welcome to SMELL-e-VISION™.

This new technology is made possible by the application of Quantum Physics. The idea came to a Dutch physicist, Professor Paul Van



Reek, when he was watching a documentary about the coffee trade in the Netherlands. Wouldn't it be wonderful, he thought, if as well as watching the TV images of coffee roasting and the various specialty coffee shops, for which the Netherlands is famous, you could actually smell the coffee too. Next day at his Institute of Physics in Amsterdam, part of the Faculty of Science at the historic University of Amsterdam, he assembled a team of keen graduate and post-graduate scientists to work on the project.

Professor Van Reek decided to research the possibility of using teleportation. While human teleportation currently exists only in science fiction, teleportation is possible now in the subatomic world of quantum mechanics. In the quantum world, teleportation involves the transportation of information rather than the transportation of matter, and it is this transmission of information that the researchers used to design a novel type of television system: the SMELL-e-VISION™.

Van Reek's team relied on research from 2013 at the University of Copenhagen that showed it possible to teleport information between two clouds of gas molecules using laser photons. This was possible according to the process known as Quantum Entanglement. We sense smell when certain gas molecules interact with specialised cells in our nasal cavity, so the team isolated the molecules responsible for the various distinctive aromas of a range of coffee types. These molecules were scanned and the information transmitted to a television receiver hundreds of miles away that contained a corresponding mixture of molecules.

When the information was received, the second mixture of molecules "synchronised" with the first to reproduce, exactly, the smell of the coffee. A calibrated device within the TV set then released some of the gas into the room so the viewers really got to "smell" the coffee that they were watching on the screen. Professor Van Reek is hopeful that he and his team can perfect it so that within just a year or two the Smell-e-Vision sets can go on general sale. He is currently working on adapting the system for use with cooking programs – just imagine watching the Hairy Bikers or Mary Berry at work in their kitchens and being able to sample the appetising food aromas in your own living room!

Mr Gregory



Idiom of the week 2.

Idiom is how something is said in a language that is different to how it is said in another language. This can be sayings or slang words or phrases.

Here is one in Spanish: ¡Eres la leche!

This literally means "you are the milk!" = "You are awesome!" or "You are too much!"

Can you use it correctly this week?

Mrs Dalby



Schools Immunisation Clinics

As a result of the Covid pandemic there are many young people who have missed out on important vaccinations. The Suffolk Community and School Age Immunisation Team is working very hard to clear this backlog. This includes HPV vaccinations (both doses) which are offered in Year 8 and Meningitis ACWY, Diphtheria, Tetanus and Polio which are offered in Year 9. As well as our school-based sessions we also offer community-based clinics.

We will be in Bury on Tuesday 4th April & Tuesday 11th April 2023 at the New Bury Community Clinic, 1 Charles Place, Bury St Edmunds, IP32 6TD for booked appointments only

Please contact the team on 0300 555 5055 option 3 if you would like to book an appointment or have a query about your child's vaccination history.

Schools Immunisation Team

Vacancies

Exam Invigilators

Exam season is fast approaching and we are still in need of casual exam invigilators, if you are interested or know anyone that might be interested please get in touch. sbuchan@st-benedicts.suffolk.sch.uk or 01284 753512. £10.79 per hour.

Food Service Assistant

Required as soon as possible to work in the school kitchen, 15 hours per week, term time only £10.50 per hour