



St Benedict's
Catholic School
The Catholic Secondary School for West Suffolk

Year 7
2025/26

Information Evening

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Curriculum

- * Develops Wisdom, Compassion and Resilience through the visible and hidden curriculum
- * Taught in tutor groups for all subjects except maths and DT
- * Broad streaming in maths (a baseline assessment and SATs data are used to help with this)
- * DT taught in smaller groups and on a rotation
- * Careers guidance during tutor time and careers events
- * Enrichment program teaches students First Aid, Classics and Latin in Year 7



Classroom Expectations

READY
(Wisdom)

RESPECTFUL
(Resilience)

SAFE
(Compassion)

- * Based around our values.
- * House points are awarded for demonstrating these values during lessons and around the school site.
- * Behaviour points issued for not meeting these expectations, having been warned.

House System



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- * Tutor group Louise and Pio are Monte Cassino
- * Tutor groups Antony and Xaxier are Nursia
- * Tutor groups Catherine and Scholastica are Subiaco
- * House points and behaviour points count in the house competition
- * Reward activities at the end of the school year for achievements linked to the house

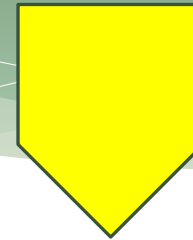
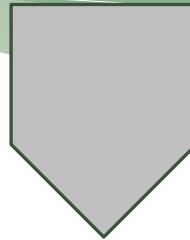


St Benedict's Award

A reward system where students ownership and responsibility is acknowledged in all parts of school life.



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Bronze Award Criteria

- Attend 20 extra curricular Activities
- Receive 50 Achievement points
- Perform active worship during tutor time
- Reading challenge (read two books form LRC or subject book list and complete book review)
- Attend 1 carers talk

Bronze Award Rewards

- Bronze Certificate presented in year assembly
- Bronze pin badge
- 3 days lunch queue jumper pass

Extra-curricular activities

- * Extensive program of clubs available at lunchtime and afterschool
- * Every student should attend at least one
- * Can sign up to clubs through Arbor, tutor or club leader
- * You do not need to sign up in advance to attend
- * Take St Benedict's Award card to the club for signing



Year 7 2025

- Between Monday 15th and Friday 20th June 2025
 - Half year group 15th – 17th Half year group 17th – 20th
- Includes: Accommodation, food, outdoor activities including sailing, pilgrimage to St Peter's on the Wall.
- Approx £190 per student.
- Further information by email in the coming weeks.





Reporting and Assessment

- * Generally, one formal assessment each term used in conjunction with other evidence such as classwork and homework to judge overall progress
- * Interim Reports
 - * Attitude to learning each half term
 - * Current Progress (Christmas and Summer Term)
- * Written report
 - * Written by tutor discussing progress and achievements over the year
- * Parent's evening
 - * Opportunity to talk to subject teachers

Assessment Ks3 Grading System



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7M	Mastered	Demonstrated a comprehensive understanding of all concepts and skills in a unit of work.
7E	Extended	Grasped the main concepts and skills in a unit of work and can apply to new contexts.
7S	Secure	Has a secure understanding of the main concepts and skills when applied to familiar contexts.
7A	Approaching	Grasped most of the main concepts and skills in a unit of work and is approaching 'secure'.
7D	Developing	Grasped some of the main ideas and skills in a unit of work but others require development.
7B	Beginning	Beginning to grasp some of the main ideas and skills in a unit of work.

Effort in Year 7



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- * We have a system of Effort Grades.
- * They are intended to give a holistic picture of your child's attitude to learning in each subject.
- * Effort Grades are awarded based on our school values of Compassion, Wisdom and Resilience.
- * Students are awarded either:
 - * 1 – not meeting the teacher expectations of the classroom
 - * 2 – meeting the teacher expectations in the classroom
 - * 3 – exceeding the teacher expectations in the classroom



Supporting at home

- * Daily check using Arbor
- * Office 365, Microsoft Teams and OneNote
- * Encourage homework completion on day set
- * Provide a quiet study area
- * Encourage independent study to broaden interests
- * Encourage daily reading at home and in school
- * If absent, help support with catch up
- * Attendance
- * Labelling uniform
- * Regular checking of equipment

Office 365



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Every student has a school email address

username@st-benedicts.suffolk.sch.uk

Their password is always the same as their password at school

Their email address is used to access all of Office 365 and Arbor

The password for Arbor can be **different** to their school password

Office 365 provides access to class learning materials

Includes free download of Office on up to 5 different devices

For students to set up a password for Arbor they will need to login to their school email to follow the link to set their password

Office 365



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office.com



Microsoft

Microsoft 365

Products ▾

Resources ▾

Templates

Support

My account

Buy now

All Microsoft ▾



Welcome to Microsoft 365

The Microsoft 365 app (formerly Office) lets you create, share and collaborate all in one place with your favourites apps now including Copilot.*

Sign in

Get Microsoft 365

[Sign up for the free version of Microsoft 365 >](#)

Office 365



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login.microsoftonline.com/common/oauth2/v2.0/authorize?client_id=4765445b-32c6-49b0-83e6-1d93765276ca&redirect_uri=https%3A%2F%2Fwww.office.co...



Sign in

A.Student@St-benedicts.suffolk.sch.uk

No account? [Create one!](#)

[Can't access your account?](#)

Back

Next



Sign-in options

Office 365



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Microsoft 365

Search



JS



Home



Create



My Content



Feed



Apps



Outlook



Teams



Apps

Get more Apps



Teams



Word



Excel



PowerPoint



Outlook



OneDrive



OneNote

All apps →

Explore by category

Productivity

Utilities

Education

Communication

Content management

Project management

Employee Experience



Forms

Customise surveys and quizzes, get real-time results.



Calendar

Manage and share your schedule.



Stream

Share videos of classes, meetings, presentations, and training sessions.

Office 365 - email



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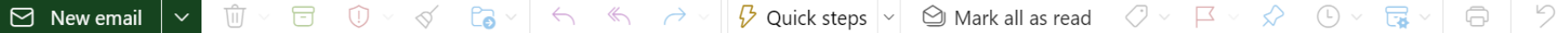
Outlook

Search



Home View Help

Year 9
Tomorrow 08:55 C



Favourites

- Inbox 63
- Sent Items
- Drafts
- Deleted Items ...
- Add favourite

Folders

- Inbox 63
- Drafts
- Sent Items
- Deleted Items 1

Focused Other

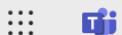
- St Benedict's Catholic Sch...
Mymaths message from ...
- Today
 - St Benedict's Catholic School
Change your Arbor password 20:38
Hi [redacted] We've just received a r...
- Last week
 - Tammy Roughley
Piano lesson time change Fri 15:05
Good afternoon, Your piano lesson ti...
- This month
 - Anna Slater
Newsletter Fri 13/09



Select an item to read
Nothing is selected



Office 365 – Microsoft Teams



Search (Ctrl+Alt+E)

Stay in the know. Turn on desktop notifications.



Activity



Calendar



Teams



Assignments



Apps

Teams

Classes

22

2024-9Y-Sp1 ...

22

2024-9P-Gy ...

22

2023-8P-Hi ...

22

2024-9Y-Sc1 ...

22

2024-9Y-HYP ...

22

2024-9Y-Bte ...

22

2024-9P-Re ...

22

2024-9P-Mu ...



Office 365 – Microsoft Teams

The screenshot shows the Microsoft Teams desktop application interface. At the top, there is a search bar with the text "Search (Ctrl+Alt+E)" and a notification area with a "Turn on" button. Below the search bar, a notification reads "Stay in the know. Turn on desktop notifications." The left sidebar contains navigation options: Activity (with a red notification badge showing '9'), Calendar, Teams, Assignments, and Apps. The "All teams" section is expanded to show the team "2024-9Y-Sc1". Underneath this team name, a list of channels is displayed: "Home page", "Class Notebook" (circled in red), "Classwork", "Assignments", "Grades", and "Reflect". Below these channels is a section for "Main Channels" with a "General" channel listed. The main chat area for the "General" channel is visible, showing a welcome message with an illustration of a student and the text: "Welcome to 2024-9Y-Sc1. Try @mentioning the class name or student names to start a conversation."



Office 365 – Microsoft Teams

in the know. Turn on desktop notifications. Turn on ×

< All teams

22

2024-9Y-Sc1 ...

- Home page
- Class Notebook
- Classwork
- Assignments
- Grades
- Reflect

▼ Main Channels

- General

Class Notebook ↗ ↻ 🌐 🛡️

File Home Insert Draw View Help 💡 Tell me what you want to do 🖌 Viewing ⋮

Undo Paste Cut Copy Format Painter Clipboard Font Styles Tags Spelling Dictation Feed

Welcome to Class Notebook

Thursday, June 9, 2022 1:24 PM

Your **OneNote Class Notebook** is a digital notebook for the whole class to store text, images, handwritten notes, attachments, links, voice, video, and more.



Office 365 – Microsoft Teams and OneNote

The screenshot shows the Microsoft OneNote application interface. At the top, the title bar reads 'Class Notebook'. Below it is the ribbon menu with tabs for 'File', 'Home', 'Insert', 'Draw', 'View', and 'Help'. The 'Home' tab is active, showing various editing tools like Undo, Paste, Copy, Format Painter, and text formatting options (Bold, Italic, Underline, etc.). On the right side of the ribbon, there is a 'Viewing' dropdown menu, which is circled in red. Below the ribbon is a navigation pane on the left showing a tree view of the notebook structure, including sections like 'Welcome', '_Collaboration Space', and '_Content Library'. The main content area on the right is a black slide titled 'Starter' with a yellow heading and a list of bullet points.

Starter

Write a rule that explains these observations.

- The heating element of a kettle is placed at the bottom.
- Balloons full of hot air rise.
- It is colder the lower you go in the ocean.
- On a summers day it is normally hotter



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Office 365 – Microsoft Teams and OneNote



Class Notebook



File Home Insert Draw View Help Tell me what you want to do

Viewing

Clipboard: Undo, Paste, Cut, Copy, Format Painter

Font: Bold, Italic, Underline, Text Color, Background Color, Paragraph Spacing, Bullets, Numbering, Indentation

Styles: Styles

Tags: Tags

Spelling: abc, Spelling

Dictation: Dictate

Feed: Feed

Editing
Make any changes

Viewing
View the file, but make no changes

- Open in Desktop
- Open in Browser

2024-9Y-Sc1 Notebook	
Welcome	6.9.24 - Energy 2 : Temp...
> _Collaboration Space	13.9.24 - Conduction
∨ _Content Library	17.9.24 - Convection
Using the Content ...	20.9.24 - Radiation
BERRY'S Lessons	
Add section	Add page

17.9.24 - Convection
17 September 2024 10:41



Convection

Arbor



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- * Arbor is our school data system
- * Parents and Students have their own login
- * Arbor will automatically send emails and possibly detentions.
- * All homework will be set on Arbor.
- * House points and behaviour points are immediately updated for you to see along with live attendance to lessons.
- * Curriculum points are used to track missing equipment and visits to the toilet in lessons.
- * There is an APP available from the Play store or Apple Store but is **only** available for parents.
- * Students need to access Arbor from a web browser

Arbor



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St Benedict's Catholic School x +

stbenedicts.uk.arbor.sc/?/home-ui/index

New item | Email - Jon Senior - ... | St Benedict's Forms | Year 12 retrieval pra...



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Log in

Follow this
link

Enter your email address

Enter your password

[First time logging in?](#)

[Forgot your password?](#)

Log in

Trouble logging in? Click [here](#) for help

Powered by  Arbor

Arbor



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stbenedicts.uk.arbor.sc/?/home-ui/index

New item Email - Jon Senior -... St Benedict's Forms Year 12 retrieval pra...



St Benedict's Catholic School



First time logging in?



Don't worry! Just tell us the email address you will use to log into Arbor and we'll send you an email with a link to set your password.

Unsure which email address to use?
Contact your school administrator and they will help you out.

Set password

Trouble logging in? Click [here](#) for help

Powered by  Arbor



Setting Arbor password

The screenshot shows the Outlook web interface. The top navigation bar includes the St Benedict's Catholic School logo, the word "Outlook", a search bar, and utility icons for calendar, notes, notifications, settings, and help. The main interface is divided into three sections: a left-hand navigation pane, a central email list, and a right-hand email preview pane.

Left-hand navigation pane:

- Favourites:** Inbox (63), Sent Items, Drafts, Deleted Items (1), Add favourite.
- Folders:** Inbox (63), Drafts, Sent Items, Deleted Items (1), Junk Email.

Central email list:

- Selected email: St Benedict's Catholic Sch... Mymaths message from ...
- Today: St Benedict's Catholic School Change your Arbor password 20:38. Preview: Hi [redacted] We've just received a r...
- Last week: Tammy Roughley Piano lesson time change Fri 15:05. Preview: Good afternoon, Your piano lesson ti...
- This month: Anna Slater Newsletter Fri 13/09. Preview: Dear Senior, Please find the link for t...

Right-hand email preview pane:

- From: St Benedict's Catholic School <password-reset@arbor-education.com>
- To: [redacted]
- Date: Mon 23/09/2024 20:38
- Content warning: Some content in this message has been blocked because the sender isn't in your Safe senders list. Buttons: Trust sender, Show blocked content.
- Body text: Hi [redacted] We've just received a request to change your password on your Arbor account. If you requested this password change, please click the link below to set your password: <https://stbenedicts.uk.arbor.sc/auth/change-password/id/12222/hash/MjhlMTQ5Y2YtNDEyOC00ZmEwLWI3NzQtZjRkYWJhMzFIZTRmLjE3MjcxMjAyODA=> Use your email address when you log in next time: Username: [redacted]@st-benedicts.suffolk.sch.uk If you didn't ask to change your password, you can ignore this email. No

Arbor



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Ora et Labora



St Benedict's Catholic School

Jon Senior [Sign out](#)

[? Help Centre](#)

0

[Arbor](#)

My Items ▾

Quick Actions ▾

Name and Photo
Here

[View Student Profile](#)

Notices

Previous lesson ▶

14:45 - 15:45
Mon, 25 Sep 2023
**Enrichment - KS3: Year
8: 8Y/Er1**
Room: J4
Ms James

Next lesson ▶

08:55 - 09:15
Tue, 26 Sep 2023
Year 8: 8P >
Room: C2
Miss Dalby

Calendar ▶

08:55 - 09:15 Year 8: 8P C2
09:15 - 10:15 English - KS3: Year 8: 8Y/Bte D8
10:15 - 11:15 Religious Education - KS3: Year 8: 8Y/H1

Statistics

Attendance (2023/2024)

100%
100% Year
100% Last 4 weeks

Behaviour Points - this term

0
This year: 0 points
Last term: 1 point

House Points - this term

16
This year: 16 points
Last term: 43 points

Curriculum - this term

0
This year: 0 points
Last term: 1 point

Guardian Consultations

Year 8 Parents Evening (22 Nov 2023, 17:00 - 22 Nov 2023, 20:00) ▶

Overdue Assignments

8Y/HYP: **Laws of Indices** (Due 25 Sep 2023)

[Waiting for student to submit ▶](#)

8P/Re: **God in nature HWK** (Due 14 Sep 2023)

[Waiting for student to submit ▶](#)

8Y/HYP: **Factors of a number** (Due 11 Sep 2023)

[Waiting for student to submit ▶](#)

Assignments that are due

8Y/Sp1: **Greetings conversations** (Due 26 Sep 2023)

[Waiting for student to submit ▶](#)

8P/Mu: **'The Blues' Knowledge Organiser** (Due 28 Sep 2023)

[Waiting for student to submit ▶](#)

8P/Mu: **Blues Knowledge Organiser** (Due 20 Oct 2023)

[Waiting for student to submit ▶](#)

Submitted Assignments

Arbor



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Assignment: Nth Term of Quadratic Sequences

Nth Term of Quadratic Sequences

Title	Nth Term of Quadratic Sequences
Due	Mathematics - KS3: Year 9: 9Y/HYP; 24 Sep 2024
Course	Mathematics - KS3: Year 9: 9Y/HYP
Marking	No mark
Status	Waiting for student to submit
Submission Type	Submit via Arbor

Student Instructions

Instructions Year 9 Superstars!
Please complete your **assessed piece** of homework on Quadratic Sequences, given to you in class today.
You will also find the questions attached.
Present your work neatly. Stick in each section and present your methods alongside.
You have a week to complete this. If you get stuck, come and see me for help. If you finish early, please submit to me and you will be awarded a house point!

Enjoy!
Miss Law :)

Attachments [Homework 1.pdf](#) (78 Kb)

My Submissions



Drag or click to upload

Mark as submitted

Arbor and Homework



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- * Homework is set on Arbor
- * Once a homework is completed mark the homework as submitted. This will clear the homework from the homework that is due list. This is for the student to keep track of homework that is due.
- * Completion and actual submission of homework is monitored separately by teachers and emails are sent home via Arbor from the teacher if homework has not been completed by the deadline.
- * If the **Mark as submitted** button is not available, please contact the class teacher and they will be able to amend the homework.

Social Media and Mobile Phones



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- * Students should not have any social media accounts at age 11
- * TikTok, Instagram, Snapchat, WhatsApp minimum age 13
- * Many social difficulties we encounter in school stem from use of social media outside of school
- * NSPCC and internetmatters.org have excellent guides to help parents navigate the challenges
- * Check the safeguarding section of our website for quick access to current guides
- * Please use parental control apps to help manage their digital life.

Social Media and Mobile Phones



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- * Please use parental control apps to help manage their digital life.

- * Microsoft family safety



- * Google Family Link



- * Parental controls on iPhone



- * And many others



Key Contacts



St Benedict's
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All email addresses follow the same format

user@st-benedicts.suffolk.sch.uk

Mr Senior Progress Lead year 7		jsenior
Miss Law AHT year 7		llaw
Miss Cleaver	7A	scleaver
Ms Turner	7C	sturner
Mr Batten	7L	nbatten
Mrs Peasey / Mrs Szczech	7S	rpeasey / uszcsech
Mr Jogee	7P	hjogee
Mr Stubbs	7X	jstubbs
Office		office
Attendance		attendance



Key Dates



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Friday 10th October and 28th November – PD Day

Year 7 Sleep Over – 5th December

Parent consultation evening – 28th January

Year 7 residential week of – 15th to 20th June